



Ryde-Carlisle Swimming Club

CLUB CHALLENGE CUP

SUNDAY 25th October 2009

Sydney Olympic Park Aquatic Centre
(50m Long Course Pool)

Warm Up: 7.30am

Start: 8.30am

****** ENTRIES LIMITED to 2800 ******

M	F	QT	Age	Dist	Stroke
1	2	**	All Age	200	Free (TT)
3 (Mixed)			Open MD	50	Free
5	6		8&U	50	Back
7	8		9/10	50	Back
9	10		11/12	50	Back
11	12		13/14	50	Back
13	14		15&O	50	Back
15 (Mixed)			Open MD	50	Back
17	18		9/10	100	Back
19	20		11/12	100	Back
21	22		13/14	100	Back
23	24		15&O	100	Back
25	26		All Age	200	Fly (TT)
27 (Mixed)			Open MD	50	Fly
29	30		8&U	50	Breast
31	32		9/10	50	Breast
33	34		11/12	50	Breast
35	36		13/14	50	Breast
37	38		15&O	50	Breast
39 (Mixed)			Open MD	50	Breast
41	42	1.52	9/10	100	Breast
43	44	1.48	11/12	100	Breast
45	46	1.40	13/14	100	Breast
47	48		15&O	100	Breast

M	F	QT	Age	Dist	Stroke
49	50	**	12&U	200	IM
51	52	**	13&O	200	IM
53	54		8&U	50	Free
55	56		9/10	50	Free
57	58		11/12	50	Free
59	60		13/14	50	Free
61	62		15&O	50	Free
63	64		9/10	100	Free
65	66		11/12	100	Free
67	68		13/14	100	Free
69	70		15&O	100	Free
71	72	**	All Age	200	Breast (TT)
73	74	1.00	8&U	50	Fly
75	76	55	9/10	50	Fly
77	78	46	11/12	50	Fly
79	80	44	13/14	50	Fly
81	82		15&O	50	Fly
83	84	1.45	9/10	100	Fly
85	86	1.37	11/12	100	Fly
87	88	1.28	13/14	100	Fly
89	90		15&O	100	Fly
91	92	**	All Age	200	Back (TT)

**** Qualifying Times on all 200m events are State LC plus 10 seconds
QT will be enforced & must be certified by Race Secretary**

TT=Time Trial

CONDITIONS OF ENTRY

- Meet conducted under the rules of SNSW Ltd and is an Area approved meet. One start rule will apply.
- All events are timed finals & results forwarded to SNSW Ltd
- A LUNCH BREAK will be taken at the discretion of the Meet Director (a notice will be posted on our website after entries close)
- The Meet Director reserves the right to amend the program & conditions of entry

Entries:

- Close: **when 2800 entries** reached, but no later than Friday 9-Oct-09
(Website will be updated with number of entries received to date)
- \$5.00 per individual event
- Age: as at 25th October 2009
- Entries to be submitted on SNSW *multi entry cards* with Summary Sheet
e-file: www.rydeswimmingclub.com.au
email to: entries@rydeswimmingclub.com.au
post to: Ryde-Carlisle Swimming Club, PO Box 3209, PUTNEY NSW 2112

Pool Entry: \$4.00 Adults, Swimmers & Children FREE
Programs: \$4.00

Awards:

- Medals for 1st, 2nd, 3rd in all age events, including each age in double age group events
- No awards for time trial (TT) events
- Club points awarded to 20th place

Results: Results will be on our website

Enquiries: Katrina 0410 507 079, enquiries@rydeswimmingclub.com.au

www.rydeswimmingclub.com.au